

	<ul style="list-style-type: none"> g. encourage interdisciplinary lesson plans quarterly motivational prizes (2 free lunches, parking pass, dress down pass, duty free day) (data) h. promote free and reduced lunch program i. educate students on energy drinks 				
increase opportunities for students to participate in physical activity	<ul style="list-style-type: none"> a. research purchasing dance pads/equipment b. research purchasing wii c. biggest loser for students (data) individual/teams \$1 weigh in d. investigate after school fitness activities for teens e. fun health assembly teacher vs. students f. increase opportunities for a more diverse population of students to participate in committees and events 	<p>Building team</p> <p>Staff</p> <p>students</p>	<p>August 2008- June 2009</p>	<p>Internet</p> <p>Grant money</p> <p>Scale</p> <p>Motivational prizes</p> <p>Gym</p>	<p>Provide data on number participating where applicable</p>
increase opportunities for staff interaction and staff wellbeing	<ul style="list-style-type: none"> a. monthly lunches (data) b. monthly outing (data) c. magnetic calendar for main office and 	<p>Building team</p> <p>Staff</p> <p>Administration</p>	<p>Aug. 2008- June 2009</p>	<p>Scale</p> <p>Gym</p> <p>Calendar</p>	<p>Provide data on number participating where applicable</p>

	<p>lounge</p> <p>d. encourage staff to use school exercise facilities 1 ticket per 5 visits (data)</p> <p>e. biggest loser Sept.- Dec. (data) individual/teams \$1 weigh in</p> <p>f. birthday cards</p> <p>g. quarterly give away for tickets (reward participation in events)</p> <p>h. ticket program for participation (end of year prizes) data</p> <p>i. quarterly project for needy cause within the Buckeye district (see guidance)</p> <p>j. suggestion box (data)</p> <p>k. increase awareness for preventative health issues</p> <p>l. personal fitness books with motivational prizes</p> <p>m. encourage quarterly fitness activities (volleyball, ping pong, badminton, kickball) (data)</p> <p>n. health assembly teachers vs. students</p> <p>o. motivational speaker (healthy</p>			<p>Library</p> <p>Lunches</p> <p>Incentive prizes</p> <p>Tickets</p> <p>Suggestion box</p> <p>Newsletter</p> <p>Grant money</p>	
--	--	--	--	---	--

	living) p. increase high school health and wellness committee membership q. personal trainer/weekly sessions (data)				
--	---	--	--	--	--