




Buckeye High School



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Oven Baked Chicken Leg w/Roll or Pizza Mashed Potatoes & Cole Slaw Mixed Fruit	New Item!! Country Fried Steak w/Country or Beef Gravy or Buffalo Chicken Pizza Mashed Potatoes Pears	Hot Turkey Delight Bagel (Sliced Turkey & Swiss Cheese) or Pepperoni Ripper or Italian Sub Steamed Green Beans & Celery Sticks Peaches	New "Spudz" Item! Open Faced Roast Beef Fries w/Beef Gravy & Roll or Grilled Chicken Salad w/Roll or Pizza Crunchers French Fries w/Gravy & Carrot Sticks Cinnamon Apple Slices	Chicken LoMein Noodle Bowl w/Egg Roll, Ham & Cheese on a Bun or Bosco Sticks w/Marinara Steamed Broccoli & Cucumber & Tomatoes w/Italian Dressing Fresh Apple or Fresh Pear
8	9	10	11	12
Build Your Own Breakfast Bowl! Scrambled Eggs, Diced Ham, Sausage, Country Gravy & Shredded Cheddar Cheese w/Fresh Baked Biscuit or PBJ Sandwich or Pizza Hash Brown & Cucumbers Applesauce	Sloppy Joe on a Bun, Lunchmeat Wrap or Cheese Pizza Steamed Corn & Fresh Carrots w/Ranch Peaches	Buckeye Burger w/Bacon, Cheese & BBQ Sauce, or Chef Salad or Wild Mike's Jalapeño Bites w/Marinara Onion Rings & Broccoli Salad Fresh Cantaloupe	Doritos Extreme Walking Taco w/Salsa & Shredded Cheese, Pizza Choice or Italian Sub Refried Beans & Carrot Sticks Fresh Strawberries	Boneless Chicken Wings w/Dipping Sauces – Try our new Buck's Sauce! Or Chicken Caesar Wrap or Personal Pizza Stuffed Potato Skins w/Cheese & Bacon & Fresh Vegetables Orange Slices
15	16	17	18	19
Hot Italian Sub w/Shredded Lettuce, Banana Peppers & Italian Dressing w/Chips, Pizza Choice or Chicken Salad on Croissant Steamed Green Beans & Carrot Sticks Sliced Peaches	Stromboli, Cheese Pizza or Turkey Wrap Steamed Corn & Baby Carrots Fruit Choice	Thanksgiving Feast! Oven Baked Turkey Gravy over Mashed Potatoes or Pizza Choice Candied Sweet Potatoes Stuffing Cranberry Fluff Pumpkin or Apple Tart	Chicken Tender Basket w/Chicken Tenders, Fries & Roll, Bosco Sticks w/Marinara or Chef Salad Cucumber Slices Raisins	Regular or Spicy Chicken Patty on a Bun, Pizza Choice or Chicken Caesar Wrap Baked Beans & Tater Tots Blushing Pears

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<p style="text-align: right;">22</p> <p>Salisbury Steak w/Fresh Baked Roll or Chicken Quesadilla w/Salsa & Sour Cream or Yogurt Parfait w/Granola Mashed Potatoes w/Gravy & Celery Sticks Apple or Raisins</p>	<p style="text-align: right;">23</p> <p>Hot Dog w/Chili, Pizza Choice or Ham & Cheese on a Bun Baked Beans & Cucumbers & Tomatoes w/Italian Dressing Applesauce</p>	<p style="text-align: right;">24</p> <p>No School Today</p> <p>Thanksgiving Break</p>	<p style="text-align: right;">25</p> 	<p style="text-align: right;">26</p> <p>No School Today</p> <p>Thanksgiving Break</p>
<p style="text-align: right;">29</p> <p>Big Fish Sandwich w/American Cheese & Tartar Sauce, Big Daddy's Pepperoni Pizza or Turkey Wrap Steamed Peas or Side Salad Side Kicks Slushy</p>	<p style="text-align: right;">30</p> <p>Macaroni Bar! Choice of Straight Noodles w/Cheddar Cheese Sauce or Cavatappi w/White Cheddar Cheese & Toppings: BBQ Pulled Pork, Vegetarian Chili, Steamed Broccoli Fresh Apple Milk Choice</p>	<p style="text-align: right;">1</p> <p>Grandma's Meatloaf Mashed Potatoes w/Gravy Fresh Baked Roll or Chef Salad w/Roll Dried Apple Slices</p>	<p style="text-align: right;">2</p> <p>Breakfast for Lunch! French Toast w/Sausage Patty or Grilled Chicken Salad w/Annie's Bunny Grahams Hash Brown & Carrot Sticks Peaches</p>	<p style="text-align: right;">3</p> <p>Cheese Ravioli w/Marinara & Garlic Bread or Bosco Sticks w/Marinara Steamed Corn & Cucumber & Tomatoes w/Italian Dressing Applesauce</p>

This facility is an equal opportunity provider. Meals subject to change due to availability. Choice of 1% Chocolate or White Milk Daily.

Cranberries...the Unsung Super Fruit Heroes!



There is a reason Buckeye Food Service serves dried cranberries to our students. It's not just because they are great tasting. They are also good for you! I know...I just ruined it for you! But parents, let's keep this between us!

Cranberries are considered a super food. Even though they are made up of 90% water, these small fruits pack a big punch and help knock out urinary tract infections, some forms of cancer, improve immune function, decrease blood pressure, maintain heart health, relaxes muscle cramps (hint for our athletes out there), fortifies bones, treats constipation, helps cure anemia, aids with growth and metabolism and is an antioxidant! They are high in polyphenols and vitamins C & E and help with skin repair.

Whether you eat them dried, in a sauce or drink them in a juice, it doesn't matter. Be careful if you try to eat a fresh one. They tend to be a bit tart!

